

SLEEPY BABEEZ PROGRAM

***Most popular option**

Includes:

~Sleepy Babeez Starter Tool Kit (you will receive this upon receipt of payment)

Consult day:

~A complete GROUP of schedules that will last you until your baby is approximately 3 years old
~Initial telephone consultation for approximately 45-60 minutes discussing current feed & sleep issues & instruction on your NEW feed/sleep/wake routine

Following day/s:

~Days 1-5 - text support from 6am-11pm.
~Nights 1-3 - Phone/text support from bedtime to wake up
~Days 6-7 - 1 email per day

Maintenance:

~End of the week Sleepy Babeez Sleep Maintenance Tool kit (manual to help you maintain your sleep achievements as your baby grows)
~Invitation to the Babeez Private Facebook clinic that runs live weekly for follow up as your baby grows
***Great for parents who want to implement the full program to obtain the fastest results as possible.**

Debbie - Certified Advanced Sleep Consultant - \$325

(For twins add \$100)

Sabrina - Intermediate Sleep Consultant - \$300

(Not trained with twins)

SLEEPY BABEEZ TAKE IT EZ

Includes:

~Sleepy Babeez Starter Tool Kit (you will receive this upon receipt of payment)

Consult day:

~A complete GROUP of schedules that will last you until your baby is approximately 3 years old
~Initial telephone consultation for approximately 45-60 minutes discussing current feed & sleep issues & instruction on your NEW feed/sleep/wake routine

Following day/s:

~8 emails within 3 weeks – limited to 5 questions per email

Maintenance:

~End of the week Sleepy Babeez Sleep Maintenance Tool kit (manual to help you maintain your sleep achievements as your baby grows)
~Invitation to the Babeez Private Facebook clinic that runs live weekly for follow up as your baby grows

***Great for parents who want the benefits of the full program and support but need to implement it at a slower pace. Parents could notice progress right away but most often within a few weeks. Please note that this is NOT an easier approach. It does take more time and more work from the parents and there may still be some crying involved.**

Debbie - Certified Advanced Sleep Consultant - \$275

(For twins add \$100)

MINI SLEEPY BABEEZ PROGRAM

***Not Recommended for Twins or babies under 6 months**

Includes:

~Sleepy Babeez Starter Tool Kit (you will receive this upon receipt of payment)

Consult day:

~A SINGLE schedule that is age appropriate for your child.
~Initial telephone consultation approximately 60-75 minutes discussing current feed & sleep issues & instruction on your NEW feed/sleep/wake routine and training protocols

Following day/s:

~Days 1 & 2 email/text support between the hours of 7am-11pm

Maintenance:

~invitation to the Babeez Private Facebook clinic that runs live weekly for follow up as your baby grows

***Great for parents who are able to follow the process on their own but need some guidance. Generally can be booked within 2 weeks based on availability.**

Debbie - Certified Advanced Sleep Consultant - \$150

Sabrina - Intermediate Sleep Consultant - \$150

A TO Zzzz QUESTION SESSION

***Available over Phone or in Mississauga Clinic**

Includes:

~30 minute telephone session
~1 follow up email to be used within 2 weeks

***Great for parents who have various questions about EVERYTHING Baby!**

A 30 minute private telephone call with a sleep consultant to ask any questions about your child including but not limited to feeding, sleep, schedules, routines, anxiety and more! Great for parents who have fallen off course and need some direction to get back on track.

Please note that this is a Q & A and will not solve all sleep problems.

**Debbie – Certified Advanced Sleep Consultant
World Wide - \$80
In Mississauga Babeez Clinic \$100**

***Babeez Clinic located at
Winston Churchill & Eglington**

*****Can usually be booked quickly (within a week) After the session if you decide to book the REGULAR program you will receive \$25 Off the program fee.*****

BABEEZ A LA CART

**Weekend Booking
Additional \$100**

Your in home visit or phone call is requested on a weekend.

**Priority Booking "Top of the list"
Additional \$100**

You will be guaranteed a sleep program within 10 days.
You will be given 2 days notice to when your consult date and time will be.

**Additional Group of Schedules
Additional \$30**

**Maintenance Kit
Additional \$30**

**Extra Email/Text Support
Additional \$30/day**

**End of week 30 minute phone call
Additional \$50**

BASED ON AVAILABILITY OF CONSULTANT

Precious Moments
Babeez
Pre-natal & Postpartum Support
Sleep Consultants